



DAILY SCHEDULE

005

RISE AND SHINE	06:00
JUST FOR TODAY	07:00
BREAKFAST	08:00
DUTIES	08:30 TO 09:30
MEETING BIG BOOK	10:00 TO 11:00
LUNCH	12:00 TO 13:00
SECOND CLEAN UP	13:00 TO 14:00
STEP WORK	15:00 TO 16:00
SUPPER	17:00 TO 18:00
FREE TIME	18:00 TO 20:00 (PREPARE FOR EVENING MEETING)
EVENING MEETING	20:00 TO 21:00
LIGHTS OUT	22:30