

## **ITINERARY**

004

- Bedding (Blanket Pillow, sheet Single bed)
- X10 Toilet papersToiletriesCoffeeLock & kev
- Bath towel
  Laundry bag (optional)

X3 Halaal meals will be provided daily, the patient is allowed to receive any additional foods, however, it will only be accepted if brought in by the person who booked them in, and only after the first month.

## HOUSE RULES

The constitution for the residents of Chester Haven Recovery Centre

- 1. No alcohol or drugs allowed on the premises any person found with either substance will be requested to leave.
- 2. Residents wake up time is 06h00
- 3. Lights out at 11h00
- 4. No resident will be permitted to leave the premises without consent of the admissions officer.
- 5. Cleaning duties both personal and as per roster to be done between 07h00 and 09h00
- 6. No sexual relationships will be permitted between residents.
- 7. No relationships to be formed between residents. If this occurs, the residents will be asked to leave.
- 8. No fighting or any form of violent behavior will be tolerated.
- 9. No vulgar language is permitted.
- 10. Patients are required to be fully dressed while in the facility with the exception of bathrooms only.
- No visitors are allowed during the first 30 days. Thereafter, visiting hours will be adhered to unless consented by management.
- 12. Residents will be accountable for any expenses caused by blatant damage to the property. Residents may be requested to leave as a consequence.
- 13. Drug/Alcohol tests will be conducted randomly.
- 14. All medication prescribed by doctors will be given to the admissions officer on duty and will only be administered by the admissions officer. No resident is allowed to keep any form of medication. This is non-negotiable.
- 15. Smoking will only be allowed in designated areas.
- 16. Residents are not allowed to share medication with other residents whatsoever. Failure to adhere to this will result in severe repercussions.
- 17. Residents are not allowed to be in possession of any cash. All money will be handed to the admissions officer on admission. If the residents require anything to be purchased, the resident will request this to be done on his or her behalf by the staff in charge of this duty.
- 18. Adherence to the facilities program is compulsory.
- 19. No cellular phones allowed for the duration of the program.
- 20. There will be no visitors or contact with the outside for the first 30 days.
- 21. Laundry to be done by residents as per the scheduled roster.